

CHRISTINA R. SINCLAIR, PH.D.

**CHILD INTAKE FORM (ages 5-13)**  
**To be completed by Parent**

**Child's Name:** \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_  
Sibling: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_  
Sibling: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_  
Sibling: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_  
Sibling: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

**1. Parent's Name:** \_\_\_\_\_ DOB: \_\_\_\_\_  
Address \_\_\_\_\_  
(City, State and Zip): \_\_\_\_\_  
Marital Status: \_\_\_\_\_ Male / Female  
Phone: H(\_\_\_\_) \_\_\_\_\_ W(\_\_\_\_) \_\_\_\_\_ C(\_\_\_\_) \_\_\_\_\_  
OK to say Dr. Sinclair? Yes \_\_\_\_\_ No \_\_\_\_\_  
Emergency contact (name and phone #) \_\_\_\_\_

**2. Parent's Name:** \_\_\_\_\_ DOB: \_\_\_\_\_  
Address \_\_\_\_\_  
(City, State and Zip): \_\_\_\_\_  
Marital Status: \_\_\_\_\_ Male / Female:  
Phone: H(\_\_\_\_) \_\_\_\_\_ W(\_\_\_\_) \_\_\_\_\_ C(\_\_\_\_) \_\_\_\_\_  
OK to say Dr. Sinclair? Yes \_\_\_\_\_ No \_\_\_\_\_  
Emergency contact (name and phone #) \_\_\_\_\_

**3. Step Parent(s)/Guardian(s):** \_\_\_\_\_ DOB: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State and Zip: \_\_\_\_\_  
Marital Status: \_\_\_\_\_ Male / Female  
Phone: H(\_\_\_\_) \_\_\_\_\_ W(\_\_\_\_) \_\_\_\_\_ C(\_\_\_\_) \_\_\_\_\_  
OK to say Dr. Sinclair? Yes \_\_\_\_\_ No \_\_\_\_\_  
Emergency contact (name and phone #) \_\_\_\_\_

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**History of Problem**

Please describe what concerns you have regarding your child:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long has the problem existed?

\_\_\_\_\_

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Have there been any significant stressors for the family: losses, births, deaths, moves, hospitalizations, financial problems, in the last several years?

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What attempts have been made to resolve the difficulties?

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Please check the symptoms that the child or family members are currently experiencing.

Please indicate to which family member you are referring, as well as duration, and severity.

Severity of symptom: None (0) Mild (1) Moderate (2) Severe (3)

<b>Symptom</b>	<b>Name(s)</b>	<b>How Long?</b>	<b>Severity</b>
Sadness or Depression			
Suicidal Thoughts			
Sleep Problems			
Changes in Appetite			
Weight Change			
Inability to Concentrate			
Obsessive thoughts/behaviors			
Tension and Anxiety			
Panic Attacks			
Memory Problems			
Compulsive Behaviors			
Feelings of Hostility			
Acts of Violence			
Social Isolation			
Strange Thoughts			
Stomach Aches			

Head Aches

<b>Symptom</b>	<b>Name(s)</b>	<b>How Long?</b>	<b>Severity</b>
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Bed Wetting

Phobias

Other

### **Family History**

Are there any agencies involved with the family (DCFS, Child Welfare, Courts, etc)?

\_\_\_\_\_

For Parents who are divorced, please state custody arrangements. (You may be required to provide legal documentation of custody arrangements) \_\_\_\_\_

Is ex-spouse (biological parent) aware that you are bringing their children to therapy? Yes No  
If not, please explain \_\_\_\_\_

If adopted, does child know of adoption? Yes No N/A  
What age was your child at the time of the adoption? \_\_\_\_\_

### **Mother**

Occupation: \_\_\_\_\_ Employment status: \_\_\_\_\_

Employer's name: \_\_\_\_\_

Significant medical problems: \_\_\_\_\_

Serious illnesses, accidents, or surgeries in the past: \_\_\_\_\_

Current and past psychiatric treatment or counseling: \_\_\_\_\_

Currently prescribed medications: \_\_\_\_\_

Current alcohol/drug use (amount, how often, intoxication frequency): \_\_\_\_\_

\_\_\_\_\_

### **Father**

Occupation: \_\_\_\_\_ Employment status: \_\_\_\_\_

Employer's name: \_\_\_\_\_

Significant medical problems: \_\_\_\_\_

Serious illnesses, accidents, or surgeries in the past: \_\_\_\_\_

Current and past psychiatric treatment or counseling: \_\_\_\_\_

Currently prescribed medications: \_\_\_\_\_

Current alcohol/drug use (amount, how often, intoxication frequency): \_\_\_\_\_

\_\_\_\_\_

Step-Parent/Guardian's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employment status: \_\_\_\_\_

Employer's name: \_\_\_\_\_

Significant medical problems: \_\_\_\_\_

Serious illnesses, accidents, or surgeries in the past: \_\_\_\_\_

Current and past psychiatric treatment or counseling: \_\_\_\_\_

Currently prescribed medications: \_\_\_\_\_

Current alcohol/drug use (amount, how often, intoxication frequency): \_\_\_\_\_

\_\_\_\_\_

### Child Information:

Child lives with: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Any recent changes in grades? Yes No Explain: \_\_\_\_\_

History of special classes or evaluations: \_\_\_\_\_

History of psychiatric treatment or counseling: \_\_\_\_\_

Significant medical problems: \_\_\_\_\_

Serious illnesses, accidents, or surgeries in the past: \_\_\_\_\_

Medications currently prescribed: \_\_\_\_\_

Pediatrician: \_\_\_\_\_ Contact number: \_\_\_\_\_

Psychiatrist: \_\_\_\_\_ Contact number: \_\_\_\_\_

What are some of your child's strengths? \_\_\_\_\_

\_\_\_\_\_

What goals or outcomes would you like your child to receive from therapy?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_